



Spring Break on the Riviera Nayarit Mexico

Chi Nei Tsang 1

March 13-15, 2012

White Cloud Institute offers Chi Nei Tsang 1; a 3 day Fundamentals class for the first time ever in Mexico

Join us for 3 days of class then head to the beach.

Beginners welcome, no experience necessary.

www.whitecloudinstitute.com



Chi Nei Tsang; Taoist Abdominal Massage is Asian Body Therapy which was brought to North America by Mantak Chia.

In this class you will learn: A full body detoxifying routine

Techniques to improve digestion and eliminate constipation

5 Elements Theory, Qigong for the practitioner and much more.....



Tuition: \$395 USD. 21 CEU's for Massage Therapists. More details at www.whitecloudinstitute.com

To Register: email WhiteCloudNM@aol.com or call 505 471-9330. (Santa Fe, NM is in the same time zone as San Blas) Register soon, as space is limited.

Instructor: Caryn Boyd Diel, Founder and Director of White Cloud Institute in Santa Fe, NM

Location: San Blas, Nayarit, Mexico. Class will be held at a private home

Accommodations: Casa Roxanna is next door to the Classroom, please contact them and make arrangements for your stay. www.casaroxanna.com or call Kent at 011 52 323 285 -0573. Rooms are very reasonable with kitchenettes. **Email:** casaroxanna@yahoo.com

Travel arrangements: Fly in to Puerto Vallarta and drive or take the bus to San Blas. Contact us for more details.

