

White
Cloud
Institute

Taoist Studies and Energy Medicine

2012
Certification Program

Ancient learning for
simplicity and peace
in day-to-day living

PO Box 5151
Santa Fe, NM 87502

Chi Nei Tsang

White Cloud Institute's Chi Nei Tsang Certification Program prepares you for a healing practice in this powerful Asian bodywork.

Chi Nei Tsang (CNT) is Taoist Abdominal Massage and designed to provide deep healing by working directly on internal dysfunctions and energy blocks. Chi Nei Tsang is not only a bodytherapy technique, but a whole discipline involving training in vital energy cultivation (qigong) and active meditations to help open the body, mind and spirit.

CNT is an introduction to the Healing Tao System which is a very complete self-improvement program based on esoteric Taoist teachings and brought to the West by internationally renowned qigong Master, Mantak Chia.

The program offers three levels of certification and is arranged so that you may go at your own pace. Each level is achieved through a combination of coursework, case studies, supervised practicum, and treatments received.

Coursework includes Chi Nei Tsang specific study as well as other Healing Tao classes such as Qigong and Meditation practice.

2012 Course Schedule

Chi Nei Tsang 1 Fundamentals The Metabolic Level

March 2-4, 2012 Santa Fe
March 13-15, 2012 San Blas Mexico
September 7-9, 2012 Santa Fe

Chi Nei Tsang 2 The Structural Level

May 4-6, 2012 Santa Fe
November 2-4, 2012 Santa Fe

Chi Nei Tsang 3 Muscle Tendon Meridians & Tok Sen for Bodyworkers

July 6-8, 2012 Santa Fe
July 20-22, 2012 Maui Hawaii

Chi Nei Tsang 103 Energetics, Emotions and Trauma release

April 20-22, 2012 Santa Fe
June 8-10, 2012 Santa Fe

CNT 1 Fundamentals Retreat

Pagosa Springs Colorado
October 4-7, 2012

Advanced Practitioners Retreat Pagosa Springs, Colorado

October 2 & 3, 2012

Course Offerings

Chi Nei Tsang 1 Fundamentals

The Metabolic Level 21 Contact Hours

This course will give you a firm foundation in this ancient healing tradition. Learn the basic hands-on techniques to restore health and vitality to the internal organs. This course will cover; the basic traditional principles of Chi Nei Tsang, beginning anatomy of the internal organs, Taoist meditations and breathing exercises, qigong to increase the flow of chi through the body, and a complete detoxifying routine. Emphasis on developing chi in the practitioner. Coursework includes a complete detoxifying routine, qigong and meditations to cultivate and circulate chi, 5-elements theory, and practical ways to increase health and vitality. You will also learn a self help routine.

Chi Nei Tsang 2 Global Body Attitude

The Structural Level 21 Contact Hours

Explore the breathing process, internal patterns of tension and the resulting misalignments of the structure of the body. Learn treatments to purge stagnant energy from the body by "chasing the winds. Enjoy the benefits of Swimming Dragon and Incense Qigong. Replace the Uterus, Bladder and Prostate for better health and chi flow. Correct problems of the Diaphragm and Psoas muscles.

Chi Nei Tsang 3 Muscle Tendon Meridians & Tok

Sen for Bodyworkers This is an exciting new course in the CNT series which explores the muscles and tendons. Learn an ancient healing technique which originated in the Golden Triangle of Burma, Thailand and Laos; Tok Sen, which uses wooden tools. We will be working with the 10 Sen Sib meridians which originate beneath the navel. 21 hrs

Chi Nei Tsang 103 Energetics, Emotions and Trauma release 21 Contact Hours

Refine your CNT skills with advanced Taoist meditations master chi tracking, observe the energetic bodies, learn treatments for pre- and post- surgeries. We will practice Primordial Qigong, and look at Ancestral disease patterns and the dying process. Advanced practice of Fusion of the 5 Elements Meditation. Introduction to Medical Qigong for Cancer Patients and trauma first aide.

School Founder and Instructor

Caryn Boyd Diel has a full time Energy Medicine practice in Santa Fe which incorporates 35 years of study in the areas of counseling, bodywork and energy healing. Graduate of the Barbara Brennan School of Healing and a Universal Healing Tao Instructor, she moves fluidly between dimensions to assist clients and students to find new direction and wellness.

Caryn enjoys teaching others how the human energy field contributes to health and the evolution of consciousness. She combines cutting edge quantum physics with ancient Taoist practices into her ever expanding curriculum.

This course program is approved for Continuing Education for Acupuncture and Massage

NCBTMB # 284826-00



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